



YEAR 7 TIMETABLE

<http://city-birmingham.academy/year-7-core-connect/>



YEAR 7	AM	Form 9.30 – 10.00	P1 10.00 – 11.00	BREAK	P2 11.30 – 12.30	P3 12.30 – 13.30	BREAK	PM 14.00 – 15.00
MON	Eat Breakfast & prepare for the day as usual	Monday Mindfulness	SCIENCE	Quiet time & a healthy snack	ENGLISH	MATHS	Wash hands & Prepare lunch 20mins of exercise	Optional Enrichment
TUES	Eat Breakfast & read for 20mins	Tuesday Themes	SCIENCE	Fresh air in the Garden (if possible)	MATHS	Religious Education	Wash hands & Prepare lunch 20mins of exercise	#COREMASTER CLASS PE/ART/DT/DR AMA
WEDS	Eat Breakfast & prepare for the day as usual	#COREextra Wednesday Wisdom	GEOGRAPHY	Watch 15minutes of tv or play a game.	HISTORY	ENGLISH	Wash hands & Prepare lunch 20mins of exercise	
THURS	Eat Breakfast & read for 20mins	#COREextra Thursday Thoughts	FRENCH	Fresh air in the Garden (if possible)	HISTORY	Computer Science	Wash hands & Prepare lunch 20mins of exercise	Optional Enrichment
FRI	Eat Breakfast & read for 20mins	#COREextra Friday Fun	GEOGRAPHY	Quiet time Reading/ Writing/ drawing.	MATHS	ENGLISH	Wash hands & Prepare lunch 20mins of exercise	



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