



# Relationships and Sex Education Policy

<b>School</b>	<b>City Academy Birmingham</b>
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<b>School level owner</b>	<b>Headteacher</b>

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## Sex and Relationships Education Policy

This policy will be shared with all interested parties both in the School and in the wider community. Our current sex education policy is based upon DfE Guidelines Ref 0116/2000.

### 1. Principles

- Pupils are entitled to responsible and relevant sex education as a key element in personal and social education.
- Successful adulthood includes having a responsible attitude to your own sexuality.

Relationship and Sex Education forms an integral part of the PSHE framework delivered through and in the curriculum. This includes a form time programme of PSHE/SMSC focus sessions.

### 2. Aims

**To learn about the following in an age appropriate manner and in line with the National Curriculum:**

- To enable our pupils to make responsible and well informed decisions about their lives.
- To help and support young people through their physical, emotional and moral development.
- To develop positive values and a moral framework that will guide their decisions and behaviour.
- To understand the consequences of their actions and have knowledge of STD's.
- To have the self-esteem to value themselves and others.
- To communicate effectively.
- To avoid exploiting others or being exploited.
- To access sexual health advice, support and treatment.
- To understand the arguments for delaying sexual activity.
- To know how the law applies to sex and sexual issues (e.g. online pornography and "sexting").
- To understand the features of positive and stable relationships, that are loving and caring.

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- To promote the nature and importance of marriage and stable relationships for family life and the bringing up of children.
- To understand the similarities, differences and diversity among people of a different race, culture, ability, disability, gender, age and sexual orientation (including Lesbian, Gay, Bisexual and Trans gender LGBT) and the impact of prejudice, bullying, discrimination and racism on individuals and communities.

We recognise that parents are the key people in

- helping their children cope with the emotional and physical aspects of growing up;
- preparing them for the challenges and responsibilities that sexual maturity brings.
- teaching their children about sex and relationships; and
- maintaining the culture and ethos of the family

At City Academy Birmingham we aim to work in partnership with parents, consulting them regularly and informing them of our sex education programme and how it will support their role. Parents who have concerns about SRE should contact the school to discuss the matter.

Designated staff are available to signpost services and agencies to support pupils in need of information, advice and guidance including a full time welfare office (S. Hydes) and full time health care assistance (M. Lees).

Our programme of work sometimes includes the use of external agencies when planning and delivering sex and relationship education. Health professionals used may include:

- School nurse
- Police
- NHS staff
- Local charities and organisation

All of these agencies work within the school relationships and sex education policy. A classroom teacher would be present in each session.

### **3. Content**

Pupils will be taught SRE in dedicated lessons as defined in our PSHE overview as well as in curriculum lessons e.g. science lessons. SMSC/keeping children safe framework is applied in an inclusive curriculum every lesson.

### **4. Organisation**

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The delivery of the SRE programme across the whole school is supported by our PSHE lead, Ms L Walker.

Classes will be organised depending on the sensitivities of the subject to be covered. Mixed and single sexed groupings will be used where appropriate.

The school may use suitable resources to complement and enhance the delivery of the programme. These resources will show consideration to age appropriate content and sensitivities of the pupils who will be using them.

Staff asked to deliver the programme will be suitably trained.

Pupils will be encouraged to learn through a variety of teaching methods. They will be encouraged to listen and be respectful of others and be encouraged to explore their own feelings in a variety of age appropriate ways.

## **5. Right to Withdrawal**

Parents do not have the right to withdraw their child(ren) from the SRE element of the Science National Curriculum, although they have the right to withdraw their child(ren) from SRE. Parents may be notified in writing prior to some aspects of SRE and upon request be given the opportunity to view material.

If a parent wishes to withdraw their child(ren) from aspects of the SRE programme, then they need to write in the first instance to the Headteacher, stating their reasons for the request.

Parents will be invited in to discuss their relevant concerns regarding the programme with the relevant people in the School.

## **6. Confidentiality Issues**

Teachers do not regard themselves as health professionals and as such acknowledge that giving an individual learner personal advice on some SRE issues may be inappropriate. Staff are dedicated to taking a personal interest in the welfare and well-being of the pupils and at the same time have due regard for parental responsibility. Teachers will encourage any individual learner who approaches them for support to get advice from his or her parents. Health professionals may also be engaged if it is appropriate.

## **7. Dealing with pupils who ask for Individual Advice**

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*(These guidelines apply to pupils asking for individual advice about all sensitive issues e.g. not just about sexual matters, but also substance abuse, bereavement, illness, etc.)*

- Teachers should encourage pupils to discuss their concerns with parents
- Confidentiality should not be promised, but if a teacher feels concerned about the raising of a sensitive issue, (s)he should seek the advice of the designated member of staff for Safeguarding and Child Protection or the Headteacher.
- Signposting and advice should be age appropriate and with safeguarding policy requirements.

## **8. Monitoring and Review**

Relationships and sex education will be overseen by the PSHE lead, Miss L Walker and Mr M Bernard (Deputy Headteacher). The course will be evaluated by both teachers and pupils to ensure that it continues to meet the needs of the pupils. This process will be done at the end of each module and information reported to the Assistant Headteacher Pastoral.

Regular updates will be provided at Leadership Team meetings. Teachers will be responsible for the assessment of pupil progress and reporting upon it. Annual presentations will be made to the LGB on implementation of this policy.

At City Academy Birmingham our PSHE objectives are:

- Personal Development – students will be well prepared to contribute to wider society and life in Britain as well as understand what we mean by respect.
- Safety – students will understand how to keep themselves safe from relevant risks such as abuse, sexual exploitation and extremism, including when using the internet and social media.
- Health – young people in our academy will develop a knowledge of how to keep themselves healthy, both physically and emotionally, including through exercise and healthy eating.
- Employability Skills – when students leave our academy they will be well prepared for the next stage of their education, employment, self-employment or training.

SRE will be delivered primarily through PSHE in Core Theme 1 (Healthy & Wellbeing) and Core Theme 2 (Relationships). Students have 1 lesson per week of PSHE on a rolling timetable and PSHE sessions are mainly delivered in form groups and taught by form tutors. At City Academy Birmingham we strongly believe that PSHE should be delivered not only as a standalone lesson but also across the curriculum and wider school life. In addition to PSHE lessons, PSHE themes are also addressed and delivered through:

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- Form Time Activities
- Collapsed PSHE Days
- PSHE Targeted Workshops
- Theme of the Week
- Weekly Themed Assemblies
- Cross-curricular Links in Subjects

Some aspects of SRE may also be address through our key topic workshops which include:

- Child Sexual Exploitation (KT: 1)
- Domestic Violence (KT: 2)
- Female Genital Mutilation (KT: 3)
- Forced Marriage (KT: 4)
- Substance Misuse (KT: 5)
- Knives & Gang Activity (KT: 6)
- Radicalisation & Extremism (KT: 7)
- E-Safety (KT: 8)
- Relationships (Including sexual relationships) (KT: 9)
- Road & Rail Safety (KT: 10)
- Fire Safety (KT: 11)

For a detailed overview of key PSHE topics linking to SRE as well as the school PSHE/SRE timetable please see the PSHE & SMSC booklet on our school website.

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